

Our Ref: 2541

Freedom of Information request dated 13 January 2022 concerning;

In accordance with the Freedom of Information Act, I would be grateful if you could comply with the following requests on student mental health between the following year ranges

9 June 2019 - 9 June 2020

10 June 2020 - 9 June 2021

In your response, please do the following:

- 1. Detail the amount spent on mental health and whether you have a dedicated mental health budget*
- 2. Detail the amount of a) counsellors b) other clinical staff employed*
- 3. Detail the a) median b) longest wait to see a counsellor*
- 4. Detail the number of students enrolled*
- 5. Detail the number of students engaged with counselling*

We apologise in the delay in response. Your request has been considered and our response is as below.

Response

1. Detail the amount spent on mental health and whether you have a dedicated mental health budget

The University of Hull does have a dedicated mental health budget.

9/6/19 - 9/6/20 Spend £232,142.51

10/6/20 – 9/6/21 Spend £138,928.95

2. Detail the amount of a) counsellors b) other clinical staff employed

5.8 FTE clinical staff

3. Detail the a) median b) longest wait to see a counsellor

We do not employ counsellors - however we do provide a mental health and wellbeing team staffed by professionals (social work/mental health nursing). The team provide a needs led service offering a range of contact including initial assessment, Triage, safeguarding, risk management as well as one to one therapeutic interventions with students. We also contract associate practitioners whose role is to offer psycho educative and therapeutic interventions to students based on current need. We offer up to 4 sessions and where a student is assessed as requiring treatment or longer term mental health support, we work with them to identify the best referral route. We work closely with a number of local specialist services including IAPT to ensure referral routes are as timely and accessible as possible.

We do not keep data on waiting times therefore data not held.

4. Detail the number of students enrolled

Academic Year 2018/19

Full-time 13,690

Part-time 2,282

Academic Year 2019/20

Full-time 12,384

Part-time 1,780

Academic Year 2020/21

Full-time 12,192

Part-time 2,366

5. Detail the number of students engaged with counselling

We do not employ counsellors as per Q3 – data is collected for academic year and based on the format of our archived data we are not able to break it down by the months requested (under FOIA we are only obliged to provide the data in the format it is held).

Sept 2020 – June 2021 – 1854 individual students

Sept 2019 – Aug 2020 – 1181 Individual students